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**Nutrition Activities (7:00-9:00)**

- **Cooking**
  - **Monday:** Stir fry, make dumplings
  - **Tuesday:** Smoothies
  - **Wednesday:** Quesadillas
  - **Thursday:** Pizza night
  - **Friday:** Apple pie

- **Math & Movement (8:15-9:15)**
  - **Monday:** Speed and agility
  - **Tuesday:** Tennis
  - **Wednesday:** Basketball
  - **Thursday:** Soccer
  - **Friday:** Swimming

- **Reading Wonders**
  - **Monday:** Read to self
  - **Tuesday:** Partner read
  - **Wednesday:** Group read
  - **Thursday:** Independent read
  - **Friday:** Shared read

- **Science & Technology**
  - **Monday:** Solar system
  - **Tuesday:** Electricity
  - **Wednesday:** Robotics
  - **Thursday:** Coding
  - **Friday:** Robotics

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**Date:** Jan. 24 - 28, 2022