Lab 3: Program for 3’s, 4’s and 5’s
Daily Schedule

7:30-9:30 – Arrival and self-selection
During this time, children will arrive and settle in for the day. They begin to learn as they have an opportunity for play during this time. This choice time gives the children an opportunity to engage and explore a variety of activities including: manipulation of small objects, discovery of cause and effect through science activities, and time to play and socialize with peers. You will see the children engaged in activities such as sensory play, using fine motor skills to button a doll dress, or using imaginary play to explore various roles people play in the world around them through dramatic play.

9:30-9:40 – Clean up and transition to opening
When self-selection time is finished, children clean up their toys and materials and transition to snack.

9:40-9:50 - Opening
During this time children and teachers will come together to greet one another, and go over class room jobs. At this time the Star of the Week will be able to share their item/story with the class. As opening finishes children will be dismissed to wash hands for snack.

9:50-10:15 – Snack
Snack is an important time to give children a break in their active day. During snack, children have a chance to learn about good nutrition and table manners. Snack time is also a time to develop social skills while eating and visiting with each other. As children finish snack at their own pace they will wash hands then may choose to read, dance, or play instruments in the large group space.

10:15 – 10:35 - Large group
Large group activities help children to learn to follow directions and work together in a large group setting. The ability to listen and follow directions in a large group setting helps children prepare for a kindergarten setting. A variety of activities are used to help children develop these skills including songs, finger plays, stories, theme activities and games.

10:35- 10:55 - Small group
Small group activities help children to learn to follow directions and work together in a small group setting. Children work in groups of about 6 children with 1 teacher. At this time teachers work on specific goals like cutting, writing and counting.

10:55-11:50 - Outdoor time (Atrium Time 10:30-11:15)
When children participate in outdoor play, they have a time to extend their learning from the classroom to outside. Children might look for insects, observe changes in the season, or participate in large motor activities such as climbing, riding bikes, or playing ball.

11:50 - 12:00 – Story time or songs
Children will get to listen to a story read by the teacher or listen to music with songs lead by the teacher. If the weather is nice, this gathering may take place outdoors. Teacher will transition children to hand washing for lunch.
12:00-12:35 – Lunch
Children will wash hands and find their name spot at their table. Children will serve themselves and practice using table manners. Children will work on using utensils to feed themselves, and have appropriate conversations.

12:35 – 1:00 - Book reading and Toileting
This is the transition into rest time. Children will be finishing up their lunch, using the restrooms and reading independently. At 12:50 children will gather as a group to listen to a story.

1:00-2:30 - Rest time
Children will have time to rest, relax and refresh during this time. The children may not fall asleep, but each child is expected to rest quietly or do a quiet, calm activity while resting on their cot.

2:30-2:45 – Activity Bins
As children wake up they will have the opportunity to use the restroom then they will choose an activity bin or book to read. Children will begin washing hands for snack around 2:40.

2:45- 3:10 – Afternoon snack and Tooth brushing
During snack, children have a chance to learn about good nutrition and table manners. Snack time is also a time to develop social skills while eating and visiting with each other. At this time children brush their teeth and learn about good dental hygiene. Each child has his/her own toothbrush that is replaced monthly.

3:10-4:30 - Afternoon free play
This choice time gives children an opportunity to engage and explore a variety of activities including: manipulation of small objects, discovery of cause and effect through science activities, and time to play and socialize with peers. You will see the children engaged in activities such as sensory play, using fine motor skills to button a doll dress, or using imaginary play to explore various roles people play in the world around them through dramatic play. When self-selection time is finished, children clean up their toys and materials and transition to outdoors.

4:30-5:30 – Outdoor (weather permitting)/ Game/Book Time